

Size guide

Find out which size you are across different countries with our handy conversion guide. It's best to use this as a rule of thumb, since sizes and measurements can vary from brand to brand.

Size Conversions

EU	FR	IT	UK
5.5	5.5	5.5	5.5
6	6	6	6
6.5	6.5	6.5	6.5
7	7	7	7
7.5	7.5	7.5	7.5
8	8	8	8
8.5	8.5	8.5	8.5
9	9	9	9
9.5	9.5	9.5	9.5
10	10	10	10
10.5	10.5	10.5	10.5
11	11	11	11

Body Measurements

EU	FR	HAND
5.5	5.5	13.97
6	6	15.24
6.5	6.5	16.51
7	7	17.78
7.5	7.5	19.05
8	8	20.32
8.5	8.5	21.59
9	9	22.86
9.5	9.5	24.13
10	10	25.4
10.5	10.5	26.67
11	11	27.94

How to Measure Yourself



Hand

Wrap the measuring tape around your hand, crossing the widest part of your palm and the back of your hand